

Salat of Apples and Onions

Country: Italy

Century: 17th

- 1 medium gala apple
- 1/2 medium sweet onion
- 1 Tbsp Olive Oil
- 1 tsp red wine vinegar
- 1/2 tsp black pepper

This recipe has a wonderful combination of flavors, the apple and onion complement each other very well. The salad also keeps well, as the vinegar prevents the apple from oxidizing.



Peel and cut apple into small cubes. Dice onion into similar sized pieces. Mix apples and onions together. Mix oil, vinegar, and pepper and pour over apples and onions. Serve.

Please note that the quantities are estimates. You can vary the amounts according to your personal taste.